

Canadian Paraplegic Association (Manitoba) Inc.

Mission:

To assist persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance, and full community participation



“FIRST IN CANADA”
Manitoba Legislature renovated to allow full participation of citizens with the completion of a universal design ramp at the front entrance in November 2007



2007/08
Annual Report

Version française disponible à: www.cpamanitoba.ca
French version available at: www.cpamanitoba.ca

Nature and Purpose of the Canadian Paraplegic Association (Manitoba) Inc.

CPA (Manitoba) Inc. is a non-profit organization representing persons with spinal cord injuries (SCI) in Manitoba. Accountable to a membership comprised of persons living with these disabilities, their families and supporters, CPA employs professional staff, uses committed volunteers and encourages peer-linkages to achieve its mission.

CPA's Core Services

CPA (Manitoba) Inc. operationalizes its Mission through CPA's Rehabilitation Services Framework and the delivery of six Core Services. This transitional framework focuses on four phases: Recovery and Rehabilitation early intervention hospital; Reintegration—community services upon return to home; Community Participation and Growth; and Sustainability—continued lifelong support.

Rehabilitation Counselling

Professional counselling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Service Coordination

A unique framework ensures overall coordination for the rehabilitation process, from onset through community integration.

Vocational/Employment Services

These services assist individuals to identify vocational options and obtain employment consistent with their values, skills, abilities and interests.

Peer Support

“Someone who's been there” can act as a mentor and role model to encourage and sustain others through the challenges they face.

Community Advocacy

CPA strives to create a society based on inclusiveness. These efforts involve identifying, reducing and working with others to eliminate barriers to full community participation, including leadership in prevention efforts.

Information Services

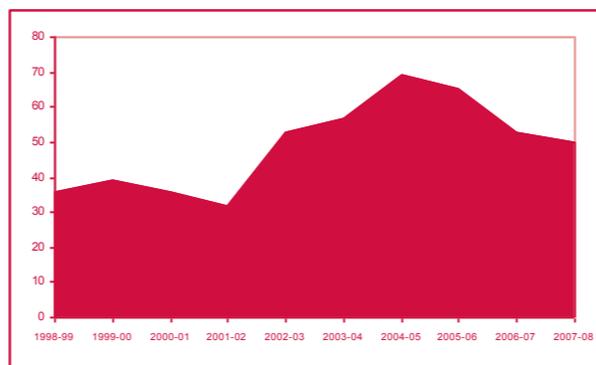
CPA provides comprehensive and relevant information for stakeholders that includes individuals with spinal cord injuries, their families, employers, community agencies, insurers and governments.

What is Spinal Cord Injury?

SCI is damage to the spinal cord whether it occurs by physical trauma, illness or disease. The spinal cord is the neural tissue in the spinal canal that connects the brain to the body below the head. This neural tissue cannot normally regenerate, thus damage to it is considered permanent

- A person with **paraplegia** has paralysis in the lower extremities and part of the torso.
- A person with **tetraplegia** has, in addition, a partial or complete paralysis of the hands and arms due to a spinal cord injury in the neck area.

New Injuries



50 new SCI between April 1, 2007 and March 31, 2008. Of these

- 25 traumatic, 25 non-traumatic injuries
- 28 paraplegia, 22 tetraplegia diagnoses
- 16 complete, 34 incomplete injuries
- 15 new injuries aged 35 and under, 35 aged 35+
- 34 male, 16 female
- 41 non-Aboriginal, 9 Aboriginal

Outputs—Client Services

CPA's computerized Case Management System tracks program activities (outputs). Indicators are derived through various analyses of such outputs. Rehabilitation services staff completed 10037 client services outputs during the year for 538 clients (see Services Table).

Services Table

	Number of Services	Percentage of Total Services Provided:
Accommodation	577	5.75
Client Identified Issues	3	.03
Education/Vocational	830	8.27
Employment/Vocational	872	8.69
Equipment & Supplies	597	5.95
Family & Other Significant Relationships	206	2.05
Financial	524	5.22
Health & Wellness	2257	22.49
Legal Issues	79	.79
Recreation & Leisure	64	.64
Sexuality	27	.27
Supports for Independence	122	1.21
Transportation	137	1.36
Overall Services Coordination/Quality Assurance	3742	37.28
TOTALS:	10037	100

Outputs—Information Services

The CPA (Manitoba) Inc. website www.cpamanitoba.ca was maintained by webmaster George Tataryn. In addition to the information contained on this website, CPA provides information resources including:

- ParaTracks (provincial newsletter—layout and design Mike Nickle)
- Total Access (CPA National Magazine)
- Life After Spinal Cord Injury book
- Guide to Pressure Ulcer Prevention book
- Brochures, articles, videos about SCI issues.
- STEP-UP Stakeholders Training and Education in Pressure Ulcer Prevention Program

Outputs—Community Advocacy

In addition to regular client services activities, CPA was involved in a wide variety of community advocacy activities this past year including:

- Provided statistical information to University of Calgary's research study on hidden costs of disability.
- Participation on City of Winnipeg Access Advisory Committee
- Solution Team leadership for Rick Hansen Foundation
- Collaboration with Family Services and Housing on working groups for Business Plan Review and Policy Review.
- Active involvement in SCI Team to heighten community awareness of ongoing health issues
- Resources to community, citizens, business and other ancillary organizations
- Identification of speakers for schools and other community systems
- Cooperation in LMAPD Program evaluation
- The City of Winnipeg Accessibility Committee
- Joint Community and Government Members Committee on Disability-Related Employment and Income Assistance Issues
- Handi-Transit Policy Advisory Committee
- Parking Permit Advisory Committee
- WRHA Wheeled Mobility Committee
- WRHA Wound Care Strategic Planning Committee
- Ten Ten Sinclair Housing Inc. Board of Directors

CPA (Manitoba) Inc. Staff

Ron Burky—Executive Director
Darlene Cooper—Director of Rehabilitation Services
BGS,BSW,CCRC,
Adrienne Conley—Executive Assistant
Roslyn Dooley—Accounting Officer
*Greg Winmill—RRP, Rehabilitation Counsellor
Maria Cabas—Rehabilitation Counsellor
*Liz Lobban—Rehabilitation Counsellor
*Alan Schultz—Rehabilitation Technician
Val Reith—Rehabilitation Counsellor/Health Educator
Ramona Santos-Fearn, Rehabilitation Counsellor

*paraplegic or tetraplegic

President and Executive Director's Report

Following a long standing tradition of prudent financial management, the association completed the fiscal year in a positive financial position. With the increased funding available for specific initiatives announced earlier this year, we will be able to further build our service capabilities in support of our clients.

We can report success this year in the pursuit of our three key strategic initiatives. The association was a very visible part of the funding announcement by the premier with Rick Hansen at the legislature earlier in the year. The simple fact is that we tend to be quiet in the pursuit of our mission. In a public arena ever more crowded with requests for support, we must work more effectively to ensure our voices are heard. We will be expanding our organizational capability this year with additions to our counselling team. Our commitment to professionalism both within the organization as a whole and among the members of the counselling team continues to be unwavering even as we continue to raise our level of service.

The fuel that powers CPA (Manitoba) Inc. is a potent mixture of passion and commitment. Without commitment we have no action, and without passion we have no results. We salute the people that bring these two key ingredients to our organization. Our staff are without parallel in their efforts on behalf of our clients and the organization. Without the unique skills, abilities, expertise, and efforts they bring, we would not have an organization.

The dedicated volunteers, who toil on behalf of the organization with no other reward than the fact that they have done so, are an equally critical ingredient to our success and must be thanked with all our hearts. They truly are at the heart of our organization and what we do.

Our volunteer board is, of course, a most important part of the organization's success. As president and board chair, it is a humbling experience to be a part of the group that sits around the board table with the vast repository of knowledge, wisdom and experience—not to mention commitment and generosity—that they bring to the table.

To those board members who are retiring from service this year, please accept our special thanks for your years of service and contribution. You will be missed, and your contributions have been and will be valued.

Highlights of some of the accomplishments of the past year include:

- The confidence of the Manitoba Government to appoint CPA (Manitoba) Inc. to manage the Government's commitment of \$3 million over the next five years in support of services and research for Manitobans with spinal cord injury. CPA (Manitoba) Inc. will partner with the Rick Hansen Foundation to work together with Manitoba stakeholders in the development and delivery of this new initiative.
- The implementation of a two-year pilot program titled "Stakeholder Training and Education for Pressure Ulcer Prevention" (STEP UP). Through the delivery of a community-based health education and motivation program,

this project is addressing the immediate needs of individuals who are high risk for getting a pressure ulcer.

- The addition of new team members to help us build much needed service capabilities for clients.

CPA (Manitoba) Inc. will continue to recognize and respond to priority issues affecting Manitobans with spinal cord injury. We will remain committed to consult and collaborate with other community stakeholders to attend to future challenges including:

- Clarifying roles and responsibilities and developing capacity to collaborate with community stakeholders to develop programs and services, and research opportunities to meet the priority needs of Manitobans with spinal cord injuries.
- Ongoing involvement in the development of treatment and prevention initiatives regarding pressure ulcers.
- Striving to meet service provision needs, CPA (Manitoba) Inc. service delivery staffing will be further enhanced. Expanding the funding levels to help address the growing service needs will continue to be a focus.
- Continuing to provide consultative input to the Winnipeg Regional Health Authority regarding the planned move of the Health Sciences Centre Rehabilitation Hospital Spinal Cord Injury Unit to the Riverview Health Centre.
- Initiating strategic operational planning to help address the effective use of current resources and the priorities for the future.

There are a wide number of needs and causes out there joining in the chorus of requests for funding and support for their organizations. We are very fortunate and appreciative to have steadfast individuals and organizations that support us in our quest for resources to deliver services.

It is our hope that these words of thanks and gratitude can at least partially express how valued the contributions of all these individuals are. We have challenges ahead along with great opportunity, and we have a wonderful team of people to see us succeed in meeting those challenges.

—John Wallis and Ron Burky

2007/08 CPA (Manitoba) Inc. Board of Directors

*Art Braid—Executive	Bill Neill
Andrew Carrier	Rudy Neibuhr—Executive
*Corrine Deegan	Harvey Pollock
*George Dyck	*Leonard Steingarten
Dr. Karen Ethans	—Treasurer
Ed Giesbrecht	Debbie VanEttinger
—Vice President	Lynda Walker
Jeannette Gougeon	John Wallis—President
Ernie Hasiuk	*John Wyndels
—Past President	JoAnn Young

* paraplegic or tetraplegic

Canadian Paraplegic Association (Manitoba) Inc. Summarized Financial Statements March 31, 2008

Financial Position	2008	2007
Assets		
Cash	\$176,778	\$122,071
Accounts receivable	121,251	45,616
Fixed assets	10,066	21,756
	\$308,095	\$189,443
Liabilities and Net Assets		
Accounts payable and accrued liabilities	\$ 9,610	\$12,083
Accrued vacation pay	24,094	35,139
Deferred revenue	84,861	23,430
Funds held in trust	51,722	-
Net assets	137,808	118,791
	\$308,095	\$189,443

Auditors' Report To the Members of Canadian Paraplegic Association (Manitoba) Inc.

The accompanying summarized statement of financial position and statement of revenue and expenses and net assets are derived from the complete financial statements of the Canadian Paraplegic Association (Manitoba) Inc. as at March 31, 2008 and for the year then ended. In our auditor's report on the complete financial statements dated June 2, 2008, we expressed a qualified opinion because we were unable to satisfy ourselves concerning the completeness of donation revenue. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guideline of the Canadian Institute of Chartered Accountants, is to report on the summarized financial statements.

In our opinion, the accompanying financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guideline above.

These summarized financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on the entity's financial position, results of operations and cash flows reference should be made to the related completed financial statements.

DELOITTE & TOUCHE LLP
Chartered Accountants
Winnipeg, Manitoba
June 2, 2008

Revenue and Expenses and Net Assets	2008	2007
Revenue		
Grants and contracted revenue		
Province of Manitoba	\$252,600	\$247,600
Health Canada	82,500	76,638
United Way of Winnipeg	117,150	114,853
Winnipeg Regional Health Authority	56,027	56,027
Workers Compensation Board	20,000	20,000
CPA National project grants	3,958	20,944
Manitoba Opportunities Fund	41,297	14,838
Manitoba Paraplegia Foundation Inc.	26,458	23,249
Winnipeg Foundation	-	18,000
Rick Hansen Foundation	16,485	2,669
Step-Up Program	33,376	-
	649,851	594,818
Fees for service – MPI & other	11,663	12,048
Miscellaneous	44,019	97,871
Recovery of equip. & training costs from/on behalf of paraplegics	71,454	63,568
Total revenue	776,987	768,305
Expenses		
Amortization	14,873	18,819
Rehab. Services Program		
Salaries & Expenses	516,054	494,649
Vocational Assist.	71,454	63,568
Advocacy/Information Program	155,589	151,187
Total expenses	757,970	728,223
Transfer to Manitoba Paraplegia Foundation	-	26,541
Excess of Revenue over Expenses	19,017	13,541
Net Assets, Beginning of Year	118,791	105,250
Net Assets, End of Year	\$137,808	\$118,791

A complete set of financial statements and Auditors' Report may be obtained from the Association.

Research

Through the Manitoba Paraplegia Foundation Inc., CPA directs funds toward treatments and a cure for spinal cord paralysis. CPA also supports spinal cord research through its active role in Rick Hansen Wheels in Motion, and by informing CPA clients and members of research participation opportunities.

Treasurer's Report

On behalf of the Board, I am pleased to report that we continue our success of balancing our budget with the 2007/2008 year ending with an Excess of Revenue over Expenses of \$19,017.

Our Total revenue increased by \$8,000 overall. Major differences are \$16,485 from Wheels in Motion of the Rick Hansen Foundation; \$41,297 from an Opportunities Fund Grant and \$33,376 from Manitoba Health Step-Up program. Two sources of funding from last year did not continue: the Brandon Walk 'N Roll for \$26,000 and our 60th Anniversary Banquet for \$23,000. Other small variances in funding make up the difference.

Our expenses increased by \$25,000, mostly a result of increased Salaries and benefits. The rest of the expenses were consistent with the prior year.

We wish to extend our sincere gratitude to our funders, members and donors for their continued support of CPA's programs and services.

I wish to thank our Accounting Officer, Roslyn Dooley and support staff Gord Swaine for their hard work and dedication, and thank Gabriella Zaporozan and Anna Isabel Ulla of Deloitte & Touche LLP for their services in the preparation of our Audited Financial Statements.

—Leonard Steingarten, Treasurer

In addition to our funders listed, CPA (Manitoba) Inc. wishes to also thank its other grantors and donors, including the following sustaining, charter and patron donors:

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|------------------------------------|----------------------------|
| • Bradley Boisselle | • Barbara Millward |
| • Fred Boyko | • George Murphy |
| • Arthur Braid | • Brian Ouellette |
| • Canadian Linen & Uniform Service | • Kristi Peters |
| • Randy Colbert | • David Prasol |
| • Corrine Deegan | • Arnold & Orpha Schryvers |
| • Dr. Karen Ethans | • George Silar |
| • Keith G. Collins Ltd. | • Arthur Summers |
| • Randy Komishon | • Harold Swalwell |
| • Beryl Maguire | • Jean Wenzoski |